
SURE...
BEING A PARENT IS GREAT.
IT'S THE WORLD'S MOST
IMPORTANT JOB.

But, being a parent is also tough. Every parent faces problems, stresses, frustrations. Every parent needs support. Every parent needs help at times.

When parents don't get the support they need, children can suffer. But, if we take care of parents, then parents can take care of children.

YOU

can make a tangible contribution toward a world where ALL children are raised in healthy, safe environments, a world where ALL parents find the help and support they need.

YOU

can do something to support parents. Parents in your neighborhood, parents you work with, parents you see in schools, worship, stores and libraries.



HERE ARE SOME IDEAS:

From Parents to Parents:

- Offer rides to activities for children whose parents have infants or sick children.
- Arrange weekly get-togethers with other parents, so we can talk while children play.
- Be a good listener to other parents.
- Provide amusement for children in a waiting area.
- Offer encouraging words to parents you meet.



From Friends, Neighbors, and Relatives to Parents:

- Volunteer to babysit, giving parents a break.
- Each week at the grocery store, say something positive about a child to a parent.
- Bake cookies for the family next door.
- Volunteer to help in the church nursery.

From the Community to Parents:

- Set up a toy corner in the store, so parents can browse more easily.
- Call the parents of each child you teach to tell them something positive about their child.
- As a supervisor, support flex-time for parents to deal with children's emergencies.
- Keep crayons and paper in a drawer for fidgety children while parents fill out forms.


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Place
Postage
Here